

Blepharitis

Blepharitis is a common and chronic inflammation of the eyelids that causes redness, itching, and the potential for secondary eye infection. It is more commonly seen in people who have oily skin, dandruff, or dry eyes. It can be seen in both young children and adults.

Everyone has bacteria on the surface of the skin, but some people are more sensitive to it than others. As the bacteria replicates, it causes burning, itching, and flaking along the lashes and eyelid margins. More often the irritations are minor, however, some people can develop an allergic response to the bacteria leading to inflammation of the cornea.

The swelling and inflammation around and at the edges of the eyelids can cause these symptoms in and around the eyes:

- Dandruff-like flaking
- Crusty layer of dried discharge
- Swelling and puffiness
- Redness (bloodshot eyes and eyelids)
- Irritation (discomfort)
- Burning
- Grainy or coarse sensation under the eyelid (foreign body sensation)